



# Lulworth & Winfrith CE Primary School

**Belief, Fellowship, Harmony**  
**Matthew 31:32 - 33**



## Spring 2 Week 5 Newsletter



Dear Families,

Thank you to all those who have already completed the recent survey inviting you to take part in our consultation for PSHE and RSE. If you have not already done so, please click on the following link: <https://www.surveymonkey.com/r/7YJN6KQ> as we are keen to gather as many parent/carer views as possible. We currently have 41 people who have responded and it would be fantastic to hear from a few more!



At Lulworth & Winfrith CE Primary, we strive to teach our children skills to help them sustain a positive sense of wellbeing. We do this in a variety of ways, including through our PSHE lessons and targeted interventions. We strive to build trusted relationships between children and staff because we know this helps pupils to feel safe. We believe strongly that school and home need to work together to help children embed these strategies and I therefore thought it might be useful to include some further information in the newsletter this week:

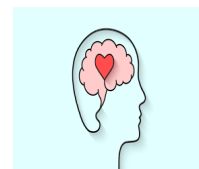
### What is mental health?

We all have mental health. Mental health is about our feelings, our emotions and our moods. Looking after our mental health is important.

We all have small feelings every day. These sometimes feel strong and overwhelming whether happy or sad, but they go away before too long. Sometimes we experience big feelings. These feel strong and overwhelming for a long time. They stop us doing what we want to do in our lives.

At Lulworth & Winfrith, we want all children to have the best possible start in life and we believe that educating children about positive mental and physical health underpins all that we do. Encouraging children to understand and be open about their feelings can give them the skills and resilience to cope with the new experiences and challenges they will encounter as they grow up. We therefore try to:

- Make conversations about mental health a normal part of school life.
- Strive to give attention to and listen to every child.
- Check our body language, ensuring we are open and relaxed.
- Ask open questions.
- Calmly stay with the feelings that arise and not steer away from the difficult emotions.
- Offer empathy rather than solutions.
- Remember we are all different.



Children and adults alike often feel more able to regulate their feelings when they have had a good sleep routine. Sleep is hugely important to well-being and the benefits of quality sleep are well documented. Research evidences the direct correlation between poor sleep and poor social and emotional health. Tiredness can lead to anxiety and can impact enormously on a child's ability to concentrate, absorb and retain information and therefore adversely impact their learning.

We thought it may be useful to suggest some good sleep hygiene tips for you and your family to try:

Try to establish a good, steady routine - go to bed at the same time every night

Do not nap during the day/after school

Enhance the environment to that of calm and quiet. Think about scent, lighting, comfort

Try to eliminate screen time up to an hour before bed. Devices act as a stimulus

Do the same things in the same order when getting ready for bed (e.g. bath, change, clean teeth, story)

If ever you have questions or queries to do with your child's mental health, please do feel free to speak to school staff as we will always be happy to help and problem solve with you. Miss Hardy is our trained Mental Health Lead and is very willing to meet with parents/carers if they would like to.

Have a wonderful weekend,

Mrs Griffiths

## **Minibus Entitlement**

As you know, not every child is entitled to transport on the minibuses and eligibility is calculated by Dorset Council using information provided by parents/carers.

I am currently working with Dorset Council to ensure the list of pupils who are entitled to free transport on a minibus to and from school is up to date and ready for September 2025. If you think you have already had your eligibility for transport confirmed, then you do not need to do anything as Dorset Council will update you if this changes as your child gets older and moves across sites.

If you have not been using your entitlement but think that your child may be eligible from September 2025, please do ensure you have submitted an application as soon as possible using the following link: <https://www.dorsetcouncil.gov.uk/education-and-training/school-transport/school-transport>

## **Attendance and Safeguarding**

Attendance figures for this week are:

Robins: 92.39

Woodpeckers: 96.69%

Bindon: 94.44%

Hambury: 99.18%

Worbarrow: 98.61%

Whole school attendance: 96.26%

### Attendance Matters



Thank you to those families who have got in touch following end of term attendance letters sent at the beginning of the week. Please do contact the office if you would like to discuss any aspect of attendance as Mrs Griffiths and/or Miss Hardy will be happy to meet with you.

**Snapshot: Worbarrow - from Mr. M Leeming:** Over the last few weeks, the pace of work and resilience from the children has been incredible. SAT's week is fast approaching and the children have been working really hard to prepare and get themselves ready. In Maths, the children have nearly completed the Year 6 curriculum, with just a couple of outstanding units to complete. This means they will have everything ready and learnt in time for SATs and then we can spend the remaining weeks of the Summer term, enjoying a range of different mathematical problems and investigations.

In English, the children are hard at work completing independent writing tasks that will form the basis of the Year 6 writing assessments. Over the last few weeks, they have written some amazing sci-fi stories using dialogue to convey action, some wonderful persuasive letters written to the government trying to persuade them to re-introduce wolves back into the UK wild and we are now half-way through writing diary accounts based on the amazing picture book 'Varmints'.

Finally, I would like to say well done to those children who are consistently handing in their homework and reading records every week without fail as they are setting up great learning habits that will greatly benefit them once they reach secondary school.

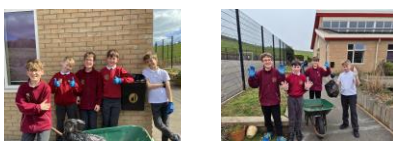


**Snapshot: Open the Book:** In our Open the Book worship this week we continued learning about Holy Week with the story of Jesus' trial. The children enjoyed joining in to retell this story alongside members of the Open the Book team.

Members of the School Council did a great job on Wednesday working alongside Rev Bartlett to talk a candidate hoping join the West Purbeck Benefice team. We were all impressed by their confidence and they were great ambassadors for our school.'



**Snapshot: ECO Team** All week we have had an amazing group who have diligently collected the litter within the grounds of Lulworth. Every lunchtime, they have been out armed with protective gloves picking up litter that has blown into the playground.



## **TOYS**

There are a number of children coming into school with toys and other personal items from home. Please can we ask you check that your child is not bringing any additional items into school unless it has been previously agreed by the class teacher. We cannot take any responsibility for items which get damaged or lost, and children are not allowed to use toys from home during the school day.



## **Road Safety**

A reminder to parents to keep a close eye on their children after school please. There have been reports of children running out in front of moving cars and not being supervised on School Lane, Winfrith.



## Celebrations and Achievements

This week we congratulate the following children for being awarded the Head Teacher's Award

Robins: **Quinn Threadgold** for demonstrating our school values of **KINDNESS** and **RESPECT** by taking turns and giving another child a turn on the trike that they wanted to ride

Woodpeckers: Cleo Atkin for demonstrating our school values **KINDNESS** and **RESPECT** by helping the younger children on the playground

Hambury: **Frankie Atkins, Flynn Hanna, Harry Hutchings, George Squibb** and **Toby Squibb** for demonstrating our school values of **FELLOWSHIP, RESPECT** and **HARMONY** for being an amazing ECO Team

Worbarrow: **Millie-Mae Warne** for demonstrating our school value of **ASPIRATION** for her improvement in Lexia

Star Reader of the Week: **Phoebe Julian** has won the Golden Ticket earning a brand-new book to read at their leisure

## Upcoming Dates

Wednesday 2nd April	Whole School Easter Service: Holy Trinity Church, West Lulworth <i>*Please inform the school if your child is being collected by yourselves or whether they require bus transport to Lulworth or Winfrith after the Easter Service</i>	14.30 - 15.15
Thursday 3rd April	PTA Cake and Uniform Sale (both sites)	15.15
Friday 4th April	Inset Day (no pupils in school)	
Tuesday 22nd April	Pupils return to school (Summer Term 1)	
Tuesday 22 <sup>nd</sup> April	Information session for Statutory Phonics Check <b>Year 1</b> and <b>invite ONLY</b> (Winfrith)	14.50 - 15.10
Friday 25 <sup>th</sup> April	Month of the Military Child "Wear One Item of Yellow"	
Thursday 1 <sup>st</sup> May	Anglo-Saxon Day - Hambury <b>ONLY</b> (more information to follow)	
Monday 12th May to Thursday 15th May	SATS Week: Year 6 <b>ONLY</b> <b>ALL</b> Year 6 pupils to be in school to complete Statutory End of KS2 Assessments	
Wednesday 14th May	PSHE and RSE Information Meeting for Parents/Carers (Lulworth)	15.30 - 16.00