

Infant Site

School Lane,
Winfrith Newburgh,
Dorset
DT2 8JL

**Junior Site**

School Lane,
West Lulworth,
Dorset,
BH20 5SA

Tel: 01929 400330

www.lulworthwinfrith.dorset.sch.uk

Email: lwps.office@coastalpartnership.co.uk

Head teacher: Mrs E Griffiths

14th March 2025

Dear Parents/Carers,

All schools have the statutory requirement to teach Relationships and Health Education. We are writing to you today to give you more information regarding the PSHE and RSHE curriculum and to ask for your feedback and input whilst we are finalising our policy.

We believe that promoting the health and well-being of our pupils is an important part of their overall education. We do this through our Personal, Social and Health Education (PSHE) and Relationships, Sex and Health Education (RSHE), using Jigsaw resources (our chosen scheme and programme of study). Jigsaw has two main aims for all children: to build their capacity for learning and to equip them for life. Jigsaw brings together PSHE Education, compulsory Relationships and Health Education, emotional literacy, mindfulness, social skills and spiritual development.

During the summer term, each year group will be teaching children about growing and changing and touching on subjects that could be deemed as 'sensitive'.

Teachers will be using the Jigsaw resources to teach the 'Changing Me' unit. This unit has age-appropriate plans to cover the physical and emotional changes that happen to children as they grow older, including changes at puberty and how to approach this with confidence. Age-appropriate lessons on relationships and sex education are also included. Jigsaw RSE-specific lessons are designed to cover key knowledge, attitudes and values children need to explore in order to develop healthy relationships with their peers. Children also learn how to keep themselves safe and to ask for help when they need it.

The following information is an outline of what will be taught in each year group during the 'Changing Me' unit of Jigsaw:

Reception: Bodies, respecting my body, growing up, growth and change, fun and fears and celebrations

Year 1: Life cycles – animal and human, changes in me, changes since being a baby, differences between female and male bodies (using correct terminology), linking growing and learning, coping with change, transition

Year 2: Life cycles in nature, growing from young to old, increasing independence, differences in female and male bodies (using correct terminology), assertiveness and preparing for transition

Year 3: How babies grow, understanding a baby's needs, outside body changes, inside body changes, family stereotypes, challenging my ideas and preparing for transition

Year 4: Being unique, having a baby, girls and puberty, confidence in change, accepting change, preparing for transition and environmental change

Year 5: Self- and body image, Influence of online and media on body image, puberty for girls, puberty for boys, conception (including IVF), growing responsibility, coping with change, preparing for transition

Year 6: Self-image, body-image, puberty and feelings, conception to birth, reflections about change, physical attraction, respect and consent, boyfriends/girlfriends, sexting and transition

In our PSHE and RSHE Policy (a draft version can be found on our website), it states that at Lulworth & Winfrith CE Primary, puberty is taught as a statutory requirement of Health Education and covered by our Jigsaw PSHE Programme in the 'Changing Me' unit. We conclude that sex education refers to Human Reproduction, and therefore we inform parents/carers of their right to request their child be withdrawn from the PSHE lessons that explicitly teach this.

The only lessons in the Jigsaw PSHE Programme where parents are able to withdraw their child are the following in the 'Changing Me' unit:

Year 4, Lesson 2 (Having a baby)

Year 5, Lesson 4 (Conception)

Year 6, Lesson 3 (Conception, birth)

Under government guidance, parents/carers can choose to withdraw their child (up to the age of 18) from any or all aspects of Sex and Relationships Education that are not included within the statutory National Curriculum. This means that parents/carers are not permitted to withdraw their child from elements of sex education (for example reproductive and biological aspects) that are within the science curriculum. There are likely to be a number of reasons why parents/carers may choose to withdraw their children from sex education elements of PSHE education. As a school, we would like to provide you with a good understanding of the importance of sex education (including its importance for keeping young people safe), familiarity with teaching approaches and resources to be used, and the opportunity to have your questions answered and resources viewed. **Miss Stopforth and Miss Hardy will lead a session on Wednesday 14th May between 3.30 for all KS2 parents.** This session will be held at our Lulworth Site. If you would like to come and discuss the RSE curriculum further please do not hesitate to attend or email any queries to the office. There will also be an opportunity at this event to see some of the resources used by teachers during the lessons.

Finally, we would also be grateful if you could **click the following link in order to complete a brief survey to share your view/opinions regarding this area of the curriculum.** All your feedback will be considered whilst we finalise our policy and a final summary of contributions will be shared on our website.

The survey will be open until Monday 24th March: <https://www.surveymonkey.com/r/7YJN6KQ>

We thank you for your continued support,

Kind regards,

Miss H. Stopforth

(PSHE and RSHE Lead)

Mrs E. Griffiths

(Headteacher)